

Shambhala Meditation Center of Denver

Membership/Friend of Shambhala Form

Becoming a member of the Shambhala Meditation Center of Denver is a statement about your personal inspiration, curiosity, and commitment to the path of awakening, and your desire to participate in a community of practitioners who aspire to relate to each other with honesty, warmth, and openness. We inspire one another to deepen our practice of mindfulness, awareness and compassion.

Members become a crucial part of the financial and volunteer support of the center. Without our community's financial and volunteer support, the Shambhala Center would not be able to function. It is because of our members that the profound tradition of meditation has been able to survive and flourish. Payment of membership dues is the financial backbone of our Center. The amount of dues is recommended as \$40 per month, \$60 for couples and families. However, some donate more and some less based on their means and inspiration. While all members are expected to make a financial contribution, specific arrangements will be made for those experiencing financial distress.

For those who are not yet ready to commit to membership but are interested in having a connection with the Center and its events, we offer a "Friends of Shambhala," category. No financial support is expected from this group, however, donations are welcome. "Friends" are encouraged to take classes and volunteer time to help at the Center. Being a Friend can be a good introduction to the Center and its activities and often serves as a stepping stone to membership.

Please print:

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

Home phone: _____

Email: _____

In case of emergency, call: Name: _____ Phone: _____

Please indicate type of membership or Friend of Shambhala and amount of monthly contribution:

Membership (just me): Membership (couple or family): Friend of Shambhala:

Amount of monthly contribution: \$

If you checked "membership," would you like a meditation instructor at the Center? _____

Please return this form to:

Denver Shambhala Meditation Center
ATTN: Norman Henderson
2305 S. Syracuse Way, #214
Denver, CO 80231

We invite you to learn how you can contribute your time, energy, and/or financial resources to help the activities of Shambhala continue to grow! If you are interested or have any other questions, please contact Norman Henderson at 303-452-9671 or by email at nhenderson56@msn.com.